



# 2023 Pre-Season Camp

August 28, 29, 30

**Mill Woods Recreation Centre**  
7207 - 28 Avenue NW

Monday August 28 - Wednesday August 30								
Mill Woods A								
MONDAY, Aug 28			TUESDAY, Aug 29			WEDNESDAY, Aug 30		
4:00-4:45			4:00-4:45			4:00-4:45		
SENIOR	INTERMEDIATE A*		SENIOR	INTERMEDIATE A*		SENIOR	INTERMEDIATE A*	
4:45-5:30			4:45-5:30			4:45-5:30		
JUNIOR	INTERMEDIATE B*	O12*/ADULT*	JUNIOR	INTERMEDIATE B*	O12*/ADULT*	JUNIOR	INTERMEDIATE B*	O12*/ADULT*
OFF-ICE								
5:00-5:30			5:00-5:30			5:00-5:30		
SENIOR	INTERMEDIATE A*		SENIOR	INTERMEDIATE A*		SENIOR	INTERMEDIATE A*	
5:45-6:15			5:45-6:15			5:45-6:15		
JUNIOR	INTERMEDIATE B*	O12*/ADULT*	JUNIOR	INTERMEDIATE B*	O12*/ADULT*	JUNIOR	INTERMEDIATE B*	O12*/ADULT*

**INTERMEDIATE A\* & B\*** At coaches' discretion, skaters will be assigned A or B for pre-season camp only (A's will skate at 4:00, B's will skate at 4:45)  
**O12\*/ADULT\* A & B** At coaches' discretion, skaters will be assigned A or B for pre-season camp only (A's will skate at 4:00, B's will skate at 4:45)

### GENERAL INFORMATION

- Registration not required
- Ice Cost is included in the Fall/Winter package
- Please inform your coach which days you are attending

